

WHAT'S ON @



April 2019

www.zincarts.org.uk

01277 365 626

Easter Family Fun Day with OMG

Monday 15th April 2-5 pm. £8 per child (adults and under 18 months FREE).

Hop along to our Easter Family Eggstravaganza for a family fun day with the Ongar Mums Group. Easter egg hunt, three craft rooms, music, games and lots of fun for everyone!

Book at zincarts.org.uk/Easter-Fun-Day

Easter Kids Activity Workshops

Tuesdays 9th and 16th April. 9.30-3pm. £25 inc lunch Age 5-11 years.

Join us for two fabulously fun days of craft, fun and games. Including a Roald Dahl day and an Easter craft day. Add our Holiday Cinema Club for a full day of fun.

Book at zincarts.org.uk/Easter-Workshops

Cash Bingo with Raffle

Wednesday 24th April. 7.30pm. £5 Entry. Books £10

Eyes down for a full house at our regular monthly cash bingo night. Doors open 6.30pm. Eyes down 7.30pm. All books sales as prizes. The more books sold the more prize money to win! **We will also be holding a raffle for the Cystic Fibrosis Trust.**

Kids Activities

Easter Fun Day – Monday 15th April. See above for info.

Kids Holiday Workshops and Cinema Club – Tuesdays 9th and 16th April. See above for details.

Hartbeeps – Mondays, 11am-12.45pm, baby, toddler and pre-school classes. £30 for 5 weeks. Original and fun musical classes for children (no classes 8th, 15th & 22nd).

Stage One Theatre and Dance School – Tuesdays 4pm-7.45pm and Saturdays 9am-1pm, Ages 3-6 and 7-17, Theatre and Street Dance Classes For full timetable info and to reserve a space www.stageonetheatreschool.co.uk.

Junior Boxing Class – Mondays 5-6pm. £8, £10 for drop ins. Age 7-15 years. Learn the basics of boxing, get fit and have fun.

Junior MMA (Mixed Martial Arts) Class – Thursdays 7-8pm. £8, £10 for drop ins. Age 7-15 years.

Hobbies & Community Activities

Knit and Natter Craft Group – Tuesdays, 11.30am-1.30pm. £5. Come along and try your hand at a new craft in good company. Unlimited tea and coffee.

Singing Workshops and Choir – Mondays, 7.30-9pm, £5 (no workshop 22nd April).

Circle Dance – Thursday 4th April, 7.30-9.30pm.

Cinema

Kids Holiday Cinema Club – Tuesdays 9th and 16th April Ages 5-11. £5 Drop the kids off to watch a film here at Zinc. Add onto the Kids Activity Workshops for a full day of fun.

SEN Cinema and Dine – Wednesday 17th April. 5.30-8.30pm £12.50 See the SEN section for details.

Fitness

Core Stability Pilates - Mondays, 7.15pm – 8.15pm, £7 Learn to use Pilates to help improve posture, relieve back pain and promote relaxation (no class 22nd)

Bounce Fit - Mon: 10am, 6pm, 7pm. Tue: 6.30pm 7.15pm Wed: 10am, 7pm. Thu: 6.30pm. Sat: 9am, Sun 10am. £6.95 per session. Trampoline based fitness class.

Iyenga Yoga Classes - Wednesdays, 10am – 11.15am, £9 or £42 for a six-week course Re-energise your body and mind with Iyengar Yoga (no classes 10th & 17th).

Progressive “Yoga Crow” Hatha Yoga Classes – Thursdays, 9.30am – 10.30am, £7.50 per session. Relax and enjoy a hatha yoga class with options to suit all abilities and experiences (no classes 11th & 18th).

Zumba – Thursdays, 7.30-8.30pm, from £5. Variety of dance and aerobic routines.

KrossBoxx - Tuesdays, 7- 8pm, £10 per session £8 prebookings. Train with a qualified boxing coach. Safe non-contact kicking, boxing and bodyweight exercises.

SEN & Education Activities

SEN Disco – Wednesday 3rd April 6.30pm, £5; Ages 14+. With a DJ and disco lights, come along and dance the evening away in safe, supportive environment.

SEN Cinema and Dine – Wednesday 17th April. 5.30-8.30pm £12.50 Come along for a fun, social evening of film and food. Enjoy a two course fully themed meal, then relax in front of a film in our lovely theatre.

Alzheimer’s Society Information Hub – Wednesday 24th April. 10am-1pm FREE drop in memory clinic. Information and advice in a relaxed setting for people affected by dementia.

UAS Courses - Ages 16+ Accredited arts education courses inc: Visual Arts, Music, Film Making, Catering, The Biz and more. (Easter holiday: 8-18th April)

Coming Soon

Ongar Town Festival Sunday 5th May

Here at Zinc we are delighted to be once again be supporting the Ongar Festival after its inaugural event last year. We will be running a free sports themed arts workshop for all ages and abilities. Come and visit our stand in Budworth Hall.

Blackmore Village Fayre Friday 24th to Monday 26th May
We are delighted to be the lead charity at this fantastic event, where we will be running arts workshops and even appearing in the parade!

Zinc Café

Monday-Friday - 9am-3pm, Saturday – 9am-1pm

Come and visit our wonderful Café at Zinc for fresh gourmet food at café prices. All in our fully accessible beautiful Victorian building with free parking and wifi.

Contact us on 01277 365 626 for more details on any of the classes. Please note that events run by external providers may be subject to change.